



MICROBLADING POST PROCEDURE CARE

* Board Certified Member of the American Academy of Micropigmentation*

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases some unevenness of color is to be expected. This is the purpose of the touch-up visit. Please review the following directions and refer to them as necessary. If during your healing process you have any questions or concerns, please don't hesitate to contact your practitioner.

- Do not touch the treated area for the next 24 hours.
- Some itching is normal. ***Do not pick, scratch, scrub, or peel the treated area*** or your color may heal unevenly and you risk scarring and infection.
- If crust appears on the procedure area, ***do not pick or peel the crust off*** because color will be removed along with the crust.
- After the first 24 hours and with clean hands, gently cleanse the area two (2) times a day using warm water and mild cleanser (baby's body wash will work well) with a clean cotton pad or Q-tip. Do not expose the area to dirty or unsanitary conditions. Cleansing movement is done in the direction of hair growth, without forcing the skin. Follow with a thin layer of the grapeseed oil provided. DO NOT apply excessive oil, as this leads to the formation of unwanted unsightly shells. *Apply a thin layer of ointment, more is not better!*
- After the first 24 hours, avoid touching and/or allowing anyone to unnecessarily touch the procedure area. Fingers could transmit bacteria onto the area and lead to infection. Treatment of any type of infection will ultimately incur some additional expenses to you.
- Avoid soaps, cleansing creams, bleaching creams, glycolic acids, fruit acids, Retin-A and/or AHA (Alpha Hydroxy Acids) acids on the treated areas while healing. ***NOTE:*** After the procedure and after you are totally healed, DO NOT apply the glycolic acids, Retin-A or fruit acids directly on the pigmented area. ***They will lighten and/or change the color of the permanent makeup.*** These products are excellent for our skin, but be careful not to overlap them onto your semi-permanent makeup. Avoid facials during the healing process.
- Do not apply Vaseline, Bepanthen, Petroleum, A&D Ointment, Neosporin, Peroxide or any antibiotic creams to the treated area. Application of such increases risks of infection. Use only the grapeseed oil provided.
- Do not expose your healing skin to direct sunlight, tanning booths, or any other form of UV rays for one (1) month to reduce risk of hyperpigmentation (darkening of the skin). A good way to protect the area by wearing sunglasses, which also protects the area from dust and other particles with can stick to healing agents.
- Avoid fitness and any activities that require effort and results in perspiration and/or sweat for the next five (5) days.
- Avoid sleeping with your face in the pillow for next two (2) weeks, as contact will interfere with the healing process by removing the pigment in some areas. Sleeping slightly elevated on your back is suggested. This will also help alleviate the swelling that is sometimes seen the morning after facial procedures.
- Do not expose your healing skin to hot water, hot steamy showers, the pressure from direct water spray in the shower, hot tubs, saunas, salt water, jacuzzis or chlorinated pools for two (2) weeks. These things can hinder the color bonding process and/or irritate the treated area.
- Avoid applying makeup for the next two (2) weeks around the healing area. This includes concealer, foundation, power, eye shadow, mascara, and brow powder and/or pencil.
- Do not dye or tweeze the eyebrows for two (2) weeks after the procedure.
- If you are planning a chemical peel, MRI, or other medical procedures, please inform your physician of your cosmetic tattoo.



MICROBLADING HEALING SCHEDULE

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Day	Effect
1	The eyebrows are approximately 20 to 25% darker and bolder in width than they will be when healed. Your skin is red under the pigment which causes the color of the pigment to appear darker. There is some swelling, although difficult to actually see due to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow procedure to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process.
2	Conditions remain the same.
3	Eyebrows start to itch and will appear a bit thicker in texture. Exfoliation begins.
4	The skin begins to flake, peeling from the outside edges first.
5	Color finishes flaking off and appears softer and grayer for a few days until the color clarifies.
6	Despite the color appearing too dark after the initial procedure, the color will not appear too light.
10	The color will now show more and appear softer.

- | Day | Effect |
|-----|---|
| 1 | The eyebrows are approximately 20 to 25% darker and bolder in width than they will be when healed. Your skin is red under the pigment which causes the color of the pigment to appear darker. There is some swelling, although difficult to actually see due to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow procedure to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process. |
| 2 | Conditions remain the same. |
| 3 | Eyebrows start to itch and will appear a bit thicker in texture. Exfoliation begins. |
| 4 | The skin begins to flake, peeling from the outside edges first. |
| 5 | Color finishes flaking off and appears softer and grayer for a few days until the color clarifies. |
| 6 | Despite the color appearing too dark after the initial procedure, the color will not appear too light. |
| 10 | The color will now show more and appear softer. |

NOTE: Permanent makeup procedures are affected by the canvas (your skin) that they are performed on. If your skin is sun damaged (even from tanning beds), thick and/or uneven in texture, or excessively dry or oily the result cannot be expected to be perfect after the initial procedure. Lifestyle, medications, smoking, metabolism, facial surgery, and age of the skin will contribute to fading. Touch-ups are needed 30 days after your initial procedure to ensure the best result and to keep your permanent cosmetics looking the best. Your procedure maintenance, as outlined in your pre/post- procedure directions, is very important.

The known possible complications from micropigmentation are:

- redness
- puffiness
- dry patches
- swelling
- bruising
- tenderness

REMEMBER: The treated area's color will appear very exact, dark, and intense for approximately 5-7 days. What appears to be too dark on your initial saturation visit will, in most cases, exfoliate, peel or slough in approximately one (1) week. As healing progresses, the color will soften. Do not be alarmed by fading after the first application, this is a two (2) step process. The first appointment is to prepare and saturate the skin's epidermis, much like a primer. The second appointment is to penetrate the depth of color and lock it into the permanent layers of the skin's dermis that holds the color.

I have received the aftercare instructions and will follow the instructions.

Client signature: _____ Date: _____